

Gender Equality in the Workplace TOOLKIT

FAMILY VIOLENCE

1800RESPECT Counselling Service

1800 737 732, 24 hours per day, 7 days per week.
National family violence and sexual assault
telephone counselling service.

Safe Steps, Family Violence Response Service

(03) 9322 3555 or Toll Free 1800 015 188
24 hours per day, 7 days per week.

Central point for women's refuges. Provides
telephone crisis counselling, refuge referral,
information and support.

Family Violence Outreach Services

Frankston (03) 9781 4658 (WAYSS)
Dandenong (03) 9791 6111 (WAYSS)
Narre Warren (03) 9703 0044 (WAYSS)
Pakenham (03) 5945 3200 (WAYSS)
St Kilda (03) 9536 7797 (Salvation Army) Bayside
Peninsula 1800 319 353 (Orange Door)
Mornington Peninsula (03) 5971 9454 (Good
Shepherd)

Provides information, support, referral and case
management to women and children
experiencing family violence.

SERVICES FOR MEN

MensLine Australia

1300 789 978

MensLine Australia is a professional telephone
and online support, information and referral
service for men, specialising in family and
relationship concerns.

SEXUAL ASSAULT

South East Centre against Sexual Assault

(03) 9594 2289

RESOURCE

Family Violence & Reproductive Choices Referral Options

INDIGENOUS FAMILY VIOLENCE SUPPORT

Djirra (formerly called Aboriginal Family Violence Prevention and Legal Service (FVPLS))

(03) 9244 3333 or Free call 1800 105 303

Legal advice, counselling, information, referral
and support for Aboriginal victims/survivors or
people at immediate risk of family violence and
sexual assault.

Ngwala Willumbong

(03) 9510 3233 www.ngwala.org

Provides integrated family violence case work.

ETHNO-SPECIFIC SERVICES

inTouch Multicultural Centre Against Family Violence

(03) 9413 6500 or Toll Free 1800 755 988

Mon to Fri 9am – 5pm. Bi-lingual and bi-cultural
workers who provide assistance and info for
women and children escaping domestic violence.

Translating and Interpreting Service (TIS)

131 450, 24 hours per day, 7 days per week

RELATIONSHIP COUNSELLING

Family Life

Sandringham (03) 8599 5433

Frankston (03) 9770 2906

Cheltenham (03) 8599 5433

Cranbourne (03) 9770 0341

ELDER ABUSE

Seniors Rights Victoria (SRV)

1300 368 821, Mon to Fri 10am – 5pm

Confidential help if you, or someone you know,
is experiencing elder abuse.

LGBTIQA+

w|respect – 1800 LGBTIQ

1800 542 847 After hours counselling available Wed 5pm – 11pm, and Sat and Sun 10am – 10pm

QLife Australia (formerly Switchboard Victoria)

1800 184 5273pm – 12am, 7 days per week
Counselling, information and referrals

Thorne Harbour Health (Victorian Aids Council (VAC) and Gay Men's Health Centre (GMHC))

(03) 9865 6700 or Toll Free 1800 134 840
Counselling service for LGBTI community

Drummond Street Services Queer Space (LGBTI)

(03) 9663 6733 W: www.queerspace.org.au
Melbourne South East - Counselling for victims of family violence

Victorian Police Gay and Lesbian Liaison Officers (GLLO)

(03) 9247 5346
GLLOs are specially trained and are sensitive to LGBTI issues. For your nearest GLLO, visit the VicPol website www.police.vic.gov.au

HOUSING

Launch Housing

1800 825 955, 24 hours per day, 7 days per week.
Crisis housing and homelessness service.

WAYSS

Frankston (03) 9770 2867
Dandenong (03) 9791 6111
Cranbourne (03) 5996 3333
Berwick/Pakenham (03) 9703 0044
Homelessness services can provide advocacy, information and referral.

LEGAL

Victoria Legal Aid's (VLA) Legal Help Line

1300 792 387 Mon to Fri 8.45am – 5.15pm

Women's Legal Service Legal Advice Line

(03) 8622 0600 or Toll Free 1800 133 302
Tue and Thu 5.30pm – 7.30pm

FOR OTHER LOCAL SERVICES NOT LISTED, VISIT
SOUTHSAFE.COM.AU

REPRODUCTIVE CHOICES

1800 MY OPTIONS

1800 696 784
<https://www.1800myoptions.org.au/>
Provides information and referral to meet individual sexual and reproductive health needs. 1800 My Options have a public and private database of abortion providers across Victoria.

NAME	TELEPHONE	ADDRESS	TYPE OF TERMINATION SERVICE	TYPE OF SERVICE
Contraceptive and Counselling Clinic – Monash Health	(03) 9594 2457	246 Clayton Rd, Clayton	Surgical	Public
The Royal Women's Hospital	(03) 8345 3063	20 Flemington Rd, Parkville	Medical & Surgical	Public
Fertility Control Clinic	(03) 9419 2922	118 Wellington Pde, East Melbourne	Medical & Surgical	Private
Hampton Park Women's Health Care	(03) 9799 2817	4 Warana Dr, Hampton Park	Medical & Surgical	Private
Marie Stopes, East St Kilda	1300 003 707	338 Dandenong Rd, St Kilda East	Medical & Surgical	Private
Monash Family Planning Service	(03) 9544 9902	252 Clayton Rd, Clayton	Medical	Private
Abortion Online (Telehealth)	Online	www.abortiononline.com.au	Medical	Private

TYPES OF ABORTIONS

Medical abortion is a low-risk alternative to surgery that is used for terminating pregnancies earlier than seven to nine weeks (depending on the clinic). It involves a miscarriage induced by medication. It can involve multiple visits to a GP or clinic, and the miscarriage generally takes place at home over a 24-hour period.

Surgical abortion is a low-risk procedure most commonly used for first trimester (seven to 12 weeks). It is a simple surgical procedure to remove the pregnancy tissue from the uterus using a gentle suction. In Victoria, abortions can be provided up to 24 weeks. Services providing the procedure beyond 16 weeks are limited and can be costly.